

# Massage Message

## ASSOCIATES IN MASSAGE THERAPY

### DATES TO REMEMBER

- Mother's Day, May 13
- Father's Day, June 17
- Parents' Day, July 22
- Friendship Day, August 5
- Grandparents Day, September 9
- Sweetest Day, October 20

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*"What proceeds from you will return to you."*  
Mencius

### Greetings From Kelly . . . .

**I** am pleased to announce that for the first time in four years, I am no longer a student!!

I want to say thank you to all my family and friends for putting up with me the last couple years and for helping me in so many ways. I also want to thank my wonderful, loyal clients who have accommodated my crazy schedule this past semester and for all the words of encouragement that have helped me stay focused.

Most importantly, I want to acknowledge the person that made it possible; my husband,

Walt. He has supported me (emotionally AND financially) and loved me unconditionally since he ventured this way from Champaign in 2002.



Walt & Kelly

This October 1st, we will celebrate our 2nd anniversary. Walt has made it possible for me to find the happiest life I could ever dream of and I am so grateful our paths were crossed seven years ago.

For the next few months, I will

be focusing on preparing for my licensure exam and on the very exciting things happening with my massage business. I am adding new associates, improvements are being made to the building, and I am in negotiations to expand to more locations. I'm also thrilled to begin my new adventure as a Court Appointed Special Advocate for children in St. Clair County.

I hope you enjoy the first issue of our semi-annual newsletter and that you come and see us soon!

*Kelly*

## ANNUAL FUNDRAISER FOR AMC CANCER RESEARCH

**W**e are beginning to prepare for the 3rd Annual Fundraiser for National Breast Cancer Awareness Month. Last year I was able to write a check to

AMC Cancer Research for \$1200, four hundred dollars more than the first year. This year's event is tentatively scheduled for October 20, 2007, and my goal is to raise \$5000.

Many things are needed for

the fundraiser including: volunteers, donations for raffle and silent auction, donations of food and drink items, and anything else that would be helpful in attaining this goal. If there is anything you can do to help this year, please let us know as soon as possible.

## WELCOME NEW ASSOCIATE JESSICA PEAK

**J**essica received her certification in massage therapy at Midwest Institute of Massage Therapy in January of 2004. She worked as a Certified Massage Therapist for eleven months before taking time off to be at home with her new baby, Kyzer. Last June, Jessica and her husband,

Kurt, were blessed with their second son, Attikus.

While caring for her two children, Jessica has been committed to preparing for her licensure exam and has recently become a Licensed Massage Therapist in the state of Illinois.

Jessica has an amazing ability to make people feel comfortable and is an excellent massage therapist.

She is extremely knowledgeable and very talented in the areas of deep tissue work and Swedish Massage. Jessica is also looking forward to offering spa treatments such as body wraps, exfoliation treatments and hot stone sessions.

For a limited time only, Jessica will be offering \$10 off massages and \$40 off spa treatments.



**Jessica Peak  
Licensed Massage  
Therapist**

*“Whatever joy  
there is in this  
world all comes  
from desiring  
others to be happy  
and whatever  
suffering there is  
in this world all  
comes from  
desiring myself to  
be happy.”*

Shantideva

## OFFICE IMPROVEMENTS

**O**ur location at 10 South Church and the neighboring building at 8 South Church have been purchased by new owners. What was initially a concern is now proving to be a blessing.

I have entered into a new twelve-month lease with my

new landlord and he, in turn, is making some fantastic changes and improvements to our location. What we are most looking forward to is the privacy fence and pergola which will be installed to enclose the courtyard in back of the building. Hopefully this will all be completed before the end of the summer so we can utilize the space as an

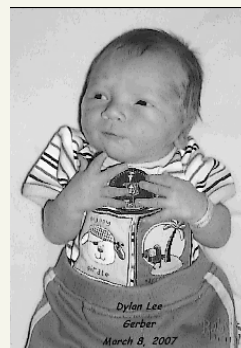
outdoor massage room as soon as possible.

This space will also be available for small private massage or spa parties. More information will be available as improvements are completed.

## 2007 DOULA BABIES



*Eleanor Marie  
February 19*



*Dylan Lee  
March 8*

**I**

am very excited to announce that Colleen Coyle and Audrey Kiser will be joining Associates in Massage Therapy very soon. Both are graduates of Midwest Institute of Massage Therapy and are preparing for their Board Exams. Until they



**Colleen Coyle**

obtain licensure, they are offering free chair massages at **Colonics & Detox for Health at 1001 South Belt West, Belleville, IL.** If you would like to meet the girls and enjoy a free massage, they are available on:

**Mondays 3:00 pm. to 6:00 p.m.**

**Thursdays 2:00 p.m. to 5:00 p.m.**

Walk-ins are welcome, however, if you wish to make an appointment, you may do so by calling the center at **618-416-1432.**



**Audrey Kiser**

**SPIRITUAL VISITOR  
FROM SEDONA ARIZONA**

**M**

y very good friend, Deidre Madsen of Sedona, Arizona, will be visiting the area this summer and offering her services at our location for a limited time.

Deidre is a Reiki Master, Medical Intuitive, Shamanic

Journey Guide, Third Eye Doctor and Guided Imagery Consultant. She is the most genuine and spiritual person I have ever known and I count on her personally to keep my spiritual self alive and well.

I know she will be a beautiful part our summer this year and will bring with her some of the magic that is Sedona. She is

truly a blessing and I am honored to have her visit us.

For more information about Deidre, you can visit her website at:

<http://tween.org/deebio.html>



*"We are, each of us, angels with only one wing, and we can only fly embracing each other."*

Luciano de Crescenzo



**Bits & Pieces Schedule**

- May 12, Swansea Improvement, 7:00-12:00
- May 19, Centerfield, 8:30-12:30
- June 9, Clinton Hills Golf Course, 8:00-12:00
- June 22, Oldtimers, 8:00-12:00

*"Just stay at the center of the circle and let all things take their course."*

Zen Dog

NEW WEBSITE COMING SOON



**A S S O C I A T E S   I N  
M A S S A G E   T H E R A P Y**

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*Saving the world one massage at a time.*

**S U M M E R   S P E C I A L S**  
**O F F E R E D   T H R O U G H   T H E   E N D   O F   A U G U S T**

**Sinus Relief Session:      \$40**

Session includes ear candling and sinus massage. The appointment will last approximately 45 minutes and will help relieve sinus pressure, headache and congestion.

**Spa Treatments:              \$60**

All spa treatments with new associates will be discounted to the price of a one hour massage. These appointments last approximately 90 minutes and include exfoliation treatments, body wraps, mud wraps and hot stone massage.

*Gift  
Certificates  
Available*

*Phone Orders Accepted  
with  
MasterCard & Visa*

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